August 2, 2022

Vice President Steve Lechter opened the meeting at 9:05 AM. 70 Members and guests were present and had signed in on the Contact Tracing Log.

Ed Shifman presented the Colors and lead us in the Pledge of Allegiance.

Vice President's Messages:

Next two meetings will be held at Whitney Place due to the unavailability of the Community Center Ballroom.

Bud Adler is doing well and will be moving to Whitney Place.

Membership Committee: Committee Member Phil Rosen introduced us to Michael Taicher,

David Levine, and Bob Wittman whose applications for membership were approved by voice vote. They have all received the proper orientation and familiarization. Welcome aboard Michael, David, and Bob.!

Secretary's Report: Secretary Norman Ainbinder read the minutes of the July 26 th meeting which were accepted without change or correction.

Glad and Sad: Warren Anastasia provided us with the following information:

Ed Rubin's wife, Linda, is recovering from a broken wrist.

Paul Maltzman recently had hip surgery and is recovering at Bay Point Rehab in Brockton. He may be contacted at Room #235 and would like to hear from you.

Paul Alperen and his wife, Adria, celebrated their 53 rd wedding anniversary on July $27^{\rm th}$.

Earl and Elaine Gashin will celebrate their 50 th anniversary on August 6th.

Cycling: Lou Victor is looking for riders to join the group for a ride on the Blackstone Valley Rail Trail on August 12 th . Please contact Lou for details.

SMC Insignia Clothing: Barry Fireman announced that the pre-ordered long sleeve shirts have been received. Please pick up your order from him at the table in the rear of the room.

Program: Steve Lechter introduced Dan Liberman who spoke on Covid and the identified variants. Dan warned us of the possibility of reinfection and rebound and the need to continue to be cautious particularly if you are in high-risk group.

Testing with a PCR test is recommended to assure that you are negative after being treated with Paxlovid. In general, he feels that positive test results may be underreported as many tests are now performed at home.

Dan was most helpful in responding to many of the questions posed by the members.

Steve Lechter spoke of the founding of the American Legal System and how it is part of our checks and balances system of preventing tyranny and violence. He differentiated between civil and criminal cases and briefly reviewed how the courts work. We very much appreciate when members such as Dan and Steve can speak to us of their fields of knowledge and expertise.

Raffle: There were two winners.

August 9, 2022

President Jeff Shapiro called the meeting to order at 9:10 AM at Whitney Place of Sharon. Seventy-three members and guests were present.

Ed Shifman presented the Colors and lead us in the Pledge of Allegiance.

President's Remarks: Jeff thanked the staff of Whitney Place for inviting us to hold our meeting here and for being such great hosts.

Jeff reminded the membership that we should try to adhere to our Code of Conduct and avoid all outbursts of a political nature that have recently occurred.

A representative of the Sharon Governance Study Committee made a brief presentation on the purpose of his group and invited members who may be Sharon residents to provide feedback to this Committee as to what form the future Town government may take. Surveys were provided for town residents to complete and return.

Bud Adler, who is now a resident of Whitney Place, was called upon. He expressed his thanks to the members for their expressions of sympathy and friendship following the recent passing of his wife, Janice. He related how the strength of their relationship had endured to the very end of her life.

Bob Soffer shared his thoughts on the meaning of the friendships that are made in the Club.

Membership: Committee Member, Harvey Janson introduced Brad Goverman whose application was approved by a vote of the members. Brad had received the proper orientation and information from Harvey.

Welcome aboard, Brad!!

Secretary's Report: Secretary Norman Ainbinder read the minutes of the August 2, 2022, meeting which were accepted without change.

Glad and Sad: Warren Anastasia reported the following:

We extend congratulations to:

Al and Marlene Barnet whose granddaughter, Chloe, graduated from NYU in the Steinhard Musical Theater program. Also, to Al and Marlene whose granddaughter, Isabel, graduated from MIT and has been admitted to Harvard Medical School.

Steve and Joyce Ginsberg will celebrate their 47th anniversary on August 10th.

Dan and Helen Liberman will celebrate their 55th anniversary on August 20th.

Harvey and Millie Tobolsky will celebrate their 62nd anniversary on August 28th.

Cycling Club: Lew Victor announced that the group's trip would be departing from Shaw's parking lot at 9:00 AM. Please contact him for further details.

Speaker Committee Chairman Bob Soffer first related the story of how a friend's sister had passed away from choking on her food when there was no one in the restaurant who could step forward and perform the Heimlich Maneuver. He then introduced Captain Andrew Solden of the Sharon Fire Department who demonstrated the several ways the Heimlich Maneuver could be performed for adults, children, and babies. Captain Solden also demonstrated the use of an Automatic Electronic Defibrillator or AED. He cautioned that it must be attached to the victim's bare skin so that it can work accurately. He also briefly discussed the administering of CPR until professional emergency assistance arrives on the scene.

On August 16th we will again meet at Whitney Place.

August 16, 2022

Vice President Steve Lechter called the meeting to order at 9:05 AM in the Great Room at Whitney Place of Sharon. 61 Members and guests were present.

Ed Shifman presented the Colors and led us in the Pledge of Allegiance.

Steve's Remarks: Monthly Breakfast is scheduled to resume on October 4th. The exact menu and cost have not been finalized. The Club has completed the purchase of a Liability Insurance Policy.

There will be a free ice cream social at the Community Center on Wednesday afternoon at 2:00 PM courtesy of a Boston TV Station, Crescent Ridge, and the Sharon Council on Aging.

Membership: Committee Member Harvey Janson introduced us to Ken Greenberg whose application for membership was approved by a vote of the members. Ken received the proper orientation and information from Harvey. Welcome aboard Ken!

Secretary's Report: Secretary Norman Ainbinder read the minutes of the August 9th meeting which were accepted without change.

Glad and Sad: Warren Anastasia reported the following:

Jim and Jan Jeneral celebrated their 50th anniversary on August 12th.

We extend our condolences to the family of Stu Raifman whose mother, Bertha, passed away on August 10th. She was 99 years old.

Whist: Ed Rubin announced that there will be a break at 2:00 PM during tomorrow's whist games so that members may attend the Ice Cream Social.

Cycling: Lew Victor advised that the group would meet on Thursday in Shaw's parking lot at 8:45. A trip to Mansfield Airport is planned. Contact Lew for full details.

Program Committee: Chairman Bob Soffer introduced us to Atty. Harris Berenson is an experienced litigator and registered lobbyist with the MA Secretary of State. Harris reviewed his personal experience as an attorney with some of the more well-known Property and Casualty insurance firms in Massachusetts. He also explained the job of a lobbyist and the reporting requirements of registered lobbyists.

He views the job of the Lobbyist as that of an educator teaching elected representatives about the possible effect on the insurance industry of the positions, they may take on pending legislation. Interestingly, his comments could lead you to believe that some conversations you might have with your elected representatives may also be a less formal form of lobbying. He urged us to speak to our elected representatives and make known our positions on legislation being debated locally, at the MA State House, or nationally.

Member's questions and his responses rounded out an interesting presentation.

Raffle: There were two winners. Next week's meeting will be at the Community Center.

August 23, 2022

President Jeff Shapiro opened the meeting at 9:07 AM. 64 Members and guests were present at the Sharon Community Center.

Warren Anastasia presented the colors and lead us in the Pledge of Allegiance.

President's Remarks: If you are exposed to someone diagnosed with Covid please restrict your contacts for 5 days and do not attend our meetings until you can confirm you are not infected.

There will be an on-line Zoom session all day Wednesday the 24th entitled Psychological First Aid. The lessons are found to be helpful in assisting others experiencing behavioral health problems related to large scale disasters or critical incidents. Check your E Mail from the 19th for Log-on instructions.

Club Member Steve Connolly invited all members to stop by his house immediately following today's meeting for a firsthand look at his garden and in particular his award-winning pumpkin patch.

Secretary's Report: Secretary Norman Ainbinder read the minutes of the August 16th meeting which were accepted without change.

Glad and Sad: Warren Anastasia reported the following:

Steve Cohn's wife, Jill, is recuperating at home following a recent surgical procedure.

Warren and Esther Anastasia will be celebrating their 23rd wedding anniversary on August 29th.

Biker Gang: Lew Victor announced that the gang will be meeting Thursday morning at 10:00 AM in Shaw's parking lot. They are hoping to carpool to a state park in RI for their weekly ride.

Golf: Mike Yawitch announced that golf is continuing. Please contact him for details on location and Tee Times.

Website: Dan Liberman advised that he and Barry Clayman are making their final reviews and tweaks of the redesigned website.

Jeff: We may be occasionally moving some of our games such as whist and/or pool to Whitney Place and giving some of their residents an opportunity to join-in.

Speaker Committee: Chairman Bob Soffer introduced us to Ramakrishna Penumarthy and some founders of Volunteering for Seniors which is headquartered in Easton. They explained that the main purpose of their organization is to locate seniors who may be reluctant to come forward and ask for assistance and get them some help with daily tasks. The organization is also seeking volunteers to be available to help Seniors in the towns around Easton.

An interesting Q & A followed.

There were two winners in the raffle.

August 30, 2022

Vice President Steve Lechter opened the meeting at 9:05 AM. 63 Members and guests were present at the Sharon Community Center.

Ed Shifman presented the Colors and led us in the Pledge of Allegiance.

Remarks: Our next meeting will be at Whitney Place as the Community Center Ballroom will be used for Primary Elections. Monthly Breakfast here at the Community Center is scheduled to resume on October 4th. The cost is \$10. We will be limited to sixty diners. Help is needed to set up the room and clean up the hall afterward. Please see Peter Bickoff as soon as possible. Payment is by personal check only and should be given to Treasurer Ralph Jacobs.

Membership: Committee Member Phil Rosen introduced us to Alvin Brown whose application for membership was approved by a vote of the members. Alvin received the proper orientation and information from Phil. Welcome, Alvin!!

Secretary's Report: Secretary Norman Ainbinder read the minutes of the August 30th meeting which were accepted without change. The Secretary reminded members that incidents of theft from USPS Mailboxes are continuing in the Boston area. We were advised to take precautions as to where and when we deposit our mail in USPS collection boxes.

Glad & Sad: Warren Anastasia reported the following:

Ralph and Marsha Jacobs will be celebrating their 50th wedding anniversary on Sept1st.

Harvey and Judy Janson will be celebrating their 54th wedding anniversary on Sept 1st.

Manny Kassler has returned home after an extended rehab at Copley in Stoughton.

Condolences to Paul Zavracky on the unexpected passing of his wife Judy.

Bud Adler was taken to the hospital on the 24th. As of Sunday, he was at Good Samaritan Hospital in Brockton. Details are not known at this time.

Program Committee Chairman Bob Soffer introduced Dr. Tzvi Bluestone. Dr. Blueston spoke of the importance of having an upto-date Massachusetts Medical Orders for Life-Sustaining Treatment form and of keeping it in a place that would be easily accessed by First Responders or anyone upon entering your home in the event of a medical emergency. He also explained the differences between this form and the Health Care Proxy. He urged us to have conversations with our family members and Family physicians about these forms.

An interesting and informative question and answer period followed.

There were two winners in the lottery.

The next meeting will be at Whitney Place on Primary Election Day.