

DOWNSIZING AND DECLUTTERING RESOURCES

- **AARP Online Learning**
<http://learn.aarp.org>
- **AARP Resources for Caregivers and their Families**
aarp.org/caregiving
- **An Organized Financial Life is a Gift to Yourself and Your Loved Ones**
<https://www.aarp.org/money/investing/info-2016/organize-personal-finances.html>
- **Declutter Your Life Now**
<https://www.aarp.org/home-family/your-home/info-2014/declutter-tips-for-home.html>
- **Downsizing? Ditch These Items**
<https://www.aarp.org/money/budgeting-saving/info-2015/downsizing-items-to-ditch-photo.html#slide1>
- **Downsizing the Family Home: What to Save, What to Let Go**
www.aarp.org/downsizing
- **Downsizing the Family Home Workbook – AARP Free Excerpt**
This is a PDF
- **FTC Stopping Unsolicited Mail, Email and Phone Calls**
<https://www.consumer.ftc.gov/articles/0262-stopping-unsolicited-mail-phone-calls-and-email#:~:text=To%20opt%20out%20for%20five,at%20www.optoutprescreen.com>
- **5 Easy Steps to Get Rid of Absolutely Anything**
<https://www.aarp.org/home-family/your-home/info-2014/declutter-sell-items-online.html?intcmp=AE-HF-RELBOX>
- **What Your Stuff is Costing You**
<https://www.aarp.org/money/budgeting-saving/info-2018/clutter-cost-fd.html>
- **How Long Do You Have to Keep Tax Records?**
<https://www.aarp.org/money/taxes/info-2020/how-long-to-keep-records.html?intcmp=AE-HP-BB-LL2>
- **How Much Is Your Stuff Worth?**
<https://www.consumerreports.org/cro/magazine/2012/10/how-much-is-your-stuff-worth/index.htm>
- **How to Organize Your Closet**
<https://www.aarp.org/entertainment/style-trends/info-2018/closet-organizer-tips.html>

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- **How to Make Money Selling Your Stuff Online**
<https://www.moneymanagement.org/credit-counseling/resources/how-to-make-money-selling-your-stuff-online>
- **How to Plan for a Manageable Move**
www.aarp.org/caregiving/home-care/info-2017/moving-plan.html
- **How to Tell if You Have a Real Hoarding Problem**
<https://www.aarp.org/home-family/your-home/info-2014/compulsive-hoarding-pack-rat.html?intcmp=AE-HF-RELBOX>
- **National Association of Productivity & Organizing Professionals**
www.napo.net
- **NAPO A Hiring Guide: How to Work with a Professional Organizer or Productivity Consultant**
https://cdn.ymaws.com/www.napo.net/resource/resmgr/guides/how_to_hire_guide_final.pdf
- **NAPO: Find a Professional Organizer or Productivity Consultant**
<https://pro.napo.net/>
- **NAPO: Frequently Asked Questions about Working with a Professional**
<https://www.napo.net/page/howtohire>
- **Organizing Your Loved One's Financial Records**
www.aarp.org/caregiving/financial-legal/info-2018/organize-financial-records.html
- **Replacing Important Documents**
<https://www.aarp.org/caregiving/financial-legal/info-2018/replacing-important-documents.html>
- **Relocating Someone Who Hoards**
<https://www.aarp.org/caregiving/home-care/info-2018/moving-hoarder.html>
- **Support Our Troops – American's Military Charity**
<https://supportourtroops.org/war-relics>
- **The National World War II Museum**
<https://www.nationalww2museum.org/artifact-donation-faq>
- **What Collectibles Should You Keep?**
<https://www.aarp.org/money/investing/info-2017/collectibles-worth-keeping-photo.html>
- **Yard Sale 2.0: Smart Ways to Get Rid of Stuff**
<https://www.aarp.org/home-family/your-home/info-2018/donate-sell-get-rid-of-stuff.html>