November 8, 2022

Vice president Steve Lechter called the meeting to order at approximately 9:05 AM at Whitney Place.

Ed Shifman was called upon to present the colors and lead those present in the Salute to the Flag.

Vice president Steve Lechter in his message, reminded everyone to vote. With Veterans Day coming up, he suggested that we use the freedom that Veterans fought so hard to maintain. He took a poll of those present who served in the military and thanked them for their service. He expressed relief that we would not have to listen to political advertisements for a while.

Membership Committee Member Phil Rosen introduced three new candidates for membership, Mark Stone, Lenny Weiner, and Bruce Creditor. All were voted in unanimously. Phil indoctrinated the new members.

The **Secretary's Report** of the October 25th meeting was read by **Assistant Secretary Ed Rubin** and accepted.

Dan Liberman, our **Website Manager,** announced that our new website was up and running. The website has many new functions, such as the ability to send and receive emails. It is password protected. The password is easy to remember if you have attended any new member's indoctrination recently. Dan will provide orientation for the website soon.

Glad and Sad: Harvey Tobolsky announced that former longtime member David Fisher passed away on Saturday, November 5. His funeral was going to be held later that day at Stanetsky's, Canton.

Charity Committee Chairman Andy Klassman asked for donations of nonperishable food items for the two food pantries we have been supporting, the First Congregational Church in Sharon and the Jewish Family and Children's Services. If you wish, you may bring in checks for the First Congregational Church (put "Food Pantry" on the memo line) or the Jewish Family and Children's Services (put "Family Table" on the memo line.)

Golf: Ira Abramson thanked Mike Yawitch for going beyond organizing the Golf program this past season.

Bicycling: Lew Victor announced that twelve people participated in the last ride of the season last Thursday. Lew asked if there was anyone interested in Cross Country or Downhill skiing. Please contact Lew for further details.

Assistant Treasurer Harvey Levine reminded the membership that dues are \$25.00, payable by check.

Harvey also invited the membership to **A Night of Baseball** at Temple Bnai Tikvah on November 13th.Dr. Charles Steinberg, part owner of the Woosox, will be the guest speaker. The cost is \$12, and please make your reservation by Friday, November 11th, so that enough food will be ordered.

Program Committee Chairman Bob Soffer introduced **David M. Campisano**, Founder and President of **22 Mohawks**, and **Stacey Coyne**, CEO of the organization.22Mohawks is an organization that aids veterans who need help with navigating the struggles of everyday life when they

return home from duty. Be it physical, mental, or financial support, and this organization strives to improve the lives of veterans while combating PTSD and raising awareness of the prevalence of suicide among our former service members. David gave a moving story of the suicide of a former soldier under his command. Stacey told us the story of the suicide of her father, who was a veteran who showed no signs of depression. Interestingly, this organization can supply a veteran with a therapy dog within two weeks, whereas the V.A. may take a year or longer.

There was no Raffle this week.

Our next meeting is November 15th at the Community Center.

Respectfully submitted, Ed Rubin, Assistant Secretary

November 15, 2022

President Jeff Shapiro opened the meeting at 9:02 AM at the Sharon Community Center. Seventy members and guests were present.

Ed Shifman presented the colors and lead us in the Pledge of Allegiance.

President's Messages:

The next breakfast will be held on December 6th here at the Community Center. The Committee has asked for volunteers to assist in clean-up. We are asking a lot of those who already volunteer, and more help is needed. Please contact Peter Bickoff as soon as possible.

Membership: Committee Member Phil Rosen introduced **Larry Finn**, who was approved for membership by the members' vote. Phil presented him with the required club information and orientation. Welcome aboard, Larry!

Secretary's Report: Assistant Secretary Ed Rubin read his report of the meeting held on November 8^{th,} which was approved without change.

Glad and Sad: Warren Anastasia read his report for the week. He noted that it was with sadness that he must report the passing of the wives of three of our members as follows:

Salvatore Triolo's wife, Antonia passed away on Nov 2nd. Services and interment took place at Blue Hill Cemetery in Braintree on Nov. 9th. Donations can be made in her memory to the Alzheimer's Association at 309 Waverly Oaks Rd. in Waltham, MA 02452

Ed Isgur's wife, Carol, passed away on Nov 8th after a brief illness. Graveside services and interment were held at Sharon Memorial Park on Nov 14th. Ed and Carol had been married for 67 years. Contributions in her memory should be directed to the American Cancer Society.

Bobby Corman's wife, Elaine, passed away on Nov. 9th. Services were held at the Schlossberg Chapel in Canton on Nov 13th. The internment was at Sharon Memorial Park. Shiva was held at Bobby's home following the internment. Donations in her memory may be made to Temple Israel in Sharon.

Dues: Assistant Treasurer Harvey Levine reminded all Snowbirds that they may pay their dues in advance prior to heading South. Checks should be directed to Harvey or Treasurer Ralph Jacobs. No cash payments can be accepted.

Charitable Giving: Chairman Andy Klassman wanted to thank everyone for their donations of non-perishable food items and checks to the 2 Food Banks we support. Food insecurity is a serious and ongoing problem for which our continued giving is needed.

Biker Gang: Chairman Lew Victor reviewed their recent trip to the Emerald Necklace area in Boston. He also mentioned some probable future outings for the "Gang." The Gang's activities are suspended until the return of warmer weather in the Spring.

Golf: Chairman Mike Yawitch announced that the golf season is now on hiatus until the Spring. He felt that it had been a successful season, with an average of ten players per day.

Speakers: Chairman Bob Soffer introduced us to Dr. Rohit Chandra, who is a practicing psychiatrist at Mass General Hospital. The subject of today's discussion was: Communicating Effectively with Your Teenage Grandchildren.

Dr. Chandra called our attention to the extensive work in this field done by Jerry Witkovsky, who is a Social Worker in Chicago. Mr. Witkovsky suggests three steps. Embrace Technology, Tune In, and Show Up. Dr. Chandra also mentioned that he felt that the association your grandchildren have with you is as important as their intake of vitamins in their growth and development. Subjects that you discuss with your grandchildren should not cause your Adult Children to become upset with you. You may want to consider some advance discussion with them to avoid problems. A remarkably interesting Q & A session followed.

Men's Club Website: Webmaster Dan Liberman and Assistant Webmaster Barry Clayman gave us a visual review of the new and improved Club Website. Dan thanked all who have assisted with prerelease testing and editing. Members are encouraged to "log on" and become familiar with the information available. Any questions about content or access may be directed to Dan or Barry.

Raffle: There were two winners.

The next meeting will be on Nov 22nd here at the Community Center.

Respectfully submitted,

Norman Ainbinder, Secretary

November 22, 2022

President Jeff Shapiro called the meeting to order at 9:05 AM at the Sharon Community Center. 72 Members and guests were present.

Ed Shifman presented the Colors and lead us in the Pledge of Allegiance.

President's Remarks: Jeff extended best wishes for a Happy Thanksgiving to all members of himself, his family, and on behalf of the Executive Committee.

The Club Web site is up and running, and all are encouraged to log on.

A new Day Trip Committee is being formed by Dan Liberman to get us back to some of the things we were doing Pre-Pandemic. Please contact Dan if you are interested in helping and/or with your suggestions.

Charitable Giving for the 2 Food Banks we support is not limited to non-perishable food or personal checks. Household items and personal care items are also needed.

Membership: Committee Member Harvey Janson introduced us to **James DaCosta** who was approved for membership by a voice vote of the members present. Harvey provided him with the required club information and orientation. Welcome aboard, Jim!!!

Secretary's Report: Secretary Norman Ainbinder read his report of the meeting held on Nov. 15th. It was approved without change.

Glad and Sad: Harvey Tobolsky presented the following:

A moment of silence was observed in memory of **Paul Waitze**. Paul passed away on November 15th at the age of eighty-five. The funeral service was held in the Chapel of Sharon Memorial Park, followed by the internment on Nov. 21st. A donation in his memory will be made to Fisher House of Boston. We extend our condolences to his family.

Congratulations **to Lewis and Lori Victor**, whose grandson, Cooper Henry Teran-Victor, was born on November 16th.

The Club received a donation of \$136 from **Stacey Bonett & Family** in memory of Past President Roger Barmash.

We received an acknowledgment and thanked you from the Dana Farber Cancer Institute for our donation in memory of Dr. Jay Schwab. We also received a thank you note from the Schwab Family for making that donation.

President Jeff Shapiro was presented with a certificate of appreciation on behalf of the Men's Club at the annual **Sharon Rotary Club's Seniors Thanksgiving Luncheon** for our contributions to the Senior Community of Sharon.

Treasurer's Report: **Treasurer Ralph Jacobs** wanted to remind us that dues may be paid in advance of the June 1, 2023, due date, starting now. Many of our Snowbirds find this especially helpful with their having one less thing to be concerned with when they return in the Spring. Please send your check to Ralph's attention at your convenience.

Investment Club: **Neil Nager** mentioned that the group will meet next week on the 29th, downstairs here at the Community Center, immediately following our regular meeting. Please feel free to stop by and observe or get information on joining.

Whist: Ed Rubin mentioned that there would not be a game this week.

Speakers Committee: Chairman Bob Soffer introduced Club Member **Jerry Zarkin**. Jerry first called upon his granddaughter, Bella, who entertained us with her vocal skills. Jerry then spoke of Price Gouging, which he feels is out of control at many of our local supermarkets, drug stores, and gas stations. He presented some examples of what he had found during his shopping trips. An interesting question-and-answer period followed.

Raffle: There were two winners.

The next meeting will be on the 29th here at the Community Center.

Respectfully submitted,

Norman Ainbinder, Secretary

November 29, 2022

President Jeff Shapiro called the meeting to order at 9:10 AM in the Ballroom of the Sharon Community Center. There were sixty-six members and guests present and signed in.

Ed Shifman presented the Colors and led us in the Pledge of Allegiance.

President's Remarks: Jeff hoped that everyone's Thanksgiving Holiday went well.

A Day Trip Committee is being formed under the leadership of **Dan Liberman** to hopefully arrange for day trips. Don't hesitate to get in touch with Dan if you would like to help. The next **Breakfast** is scheduled for **December 6th**. Tickets are still available. Please see our Treasurer before you leave today if you are interested.

The two food banks we support are also in need of personal care and household items in addition to money and/or non-perishable food items.

Glad and Sad: Harvey Tabolsky announced that we are extending congratulations to **Steve** and **Becky Braidman**, who will be celebrating their 50th Anniversary on December 16th.

Investment Club: Neil Nager reminded us that the group will meet in the Community Center immediately following this meeting. Buy-in is approximately \$7,400.00.

Jim Maltz mentioned that we should take advantage of the opportunity to reserve a session with a local SHINE representative, as he found it most helpful.

Speakers Committee: Chairman Bob Soffer introduced club member **Phil Rosen**. Phil is a member of **OLLI** (**Osher Lifelong Learning Institute**), which has a branch at U Mass Boston. The group offers noncredit courses, lectures, theater outings, field trips, travel opportunities, and other activities for those aged 50 and above, designed to help keep your mind fit and active. OLLI is endowed by the Bernard Osher Foundation and sponsored by the John W McCormack Graduate School of Policy and Global Studies at U Mass Boston. Phil reviewed some of the courses and lectures he has attended and urged everyone to review the Course Catalogue.

Q & A session followed. Some of our club members indicated that they are also participants.

Raffle: There were two winners in the raffle, including a member of the Executive Committee. If you do not play, you cannot win!

The next regular meeting will be on December 13th.

Respectfully submitted,

Norman Ainbinder Secretary