



# Downsizing and Decluttering

You Can't Take it With You

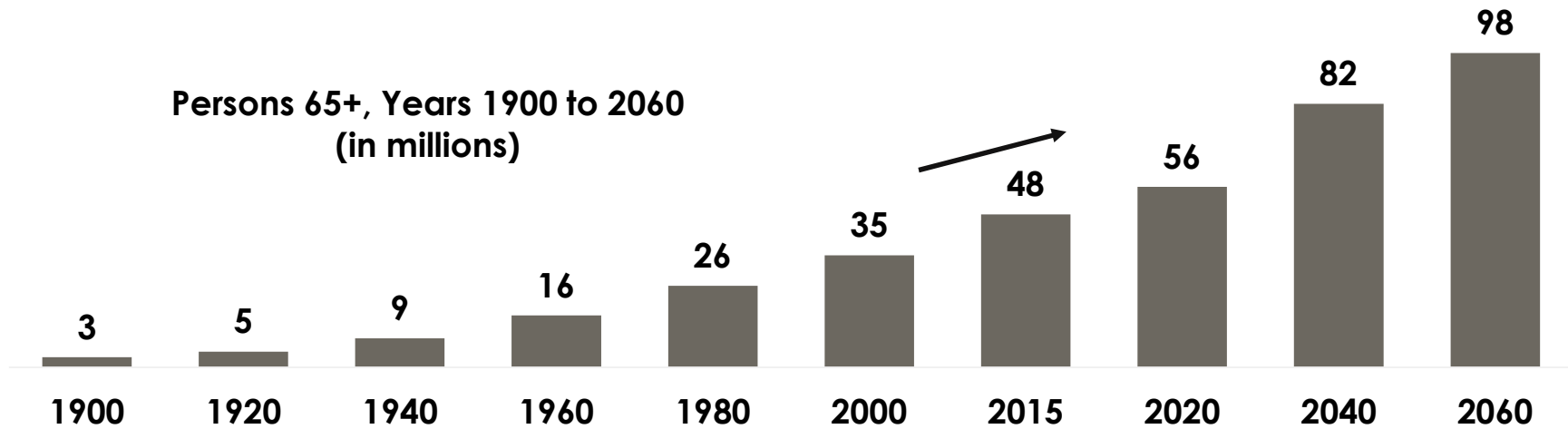




## Agenda

- Help us gain a general understanding of why STUFF is so important
- Learn practical, easy-to-follow downsizing and decluttering tips

# Older Americans: The Fastest Growing Demographic



10,000 people turn 65 everyday starting in 2011

Source: US Census

# Generations and Their “Stuff”

**Silent  
Generation**  
1928 to 1945



**Baby  
Boomers**  
1946 to 1964



**Gen X**  
1965 to 1980



**Millennials**  
1981 to 1996



## So Why Does All This Matter?

- The largest number of people EVER requiring healthcare (boomers & their parents).
- Two generations attach PRIDE to their STUFF because of hard work & memories.
- An impending shortage of affordable housing for downsizing.
- Rising costs of healthcare: more services provided within the home.

**#1 thing that impedes people from leaving their home and/or getting healthcare into their homes is THEIR STUFF**





## National Care Survey

The majority of caretakers said “handling the stuff” was the most stressful part of settling the estate.

— Good Run Research, 2017

**No One Wants  
Your Stuff!**





## **Downsizing and Decluttering Tips**



## 10 Helpful Hints

1. Include everyone in the House
  - Husbands
  - Grandkids
  - Everyone!



## 10 Helpful Hints

2. 10-minute sweep



# 10 Helpful Hints

## 3. Unpack bags





## 10 Helpful Hints

4. Every item has a home



## 10 Helpful Hints

### 5. Four-pile sort

- Keep
- Sell
- Donate
- Trash



## 10 Helpful Hints

6. Distribute legacy items now





## 10 Helpful Hints

7. Avoid Punting



## 10 Helpful Hints

8. Donate, donate, donate!



## 10 Helpful Hints

9. Be realistic
  - Clothing
  - Food



## 10 Helpful Hints

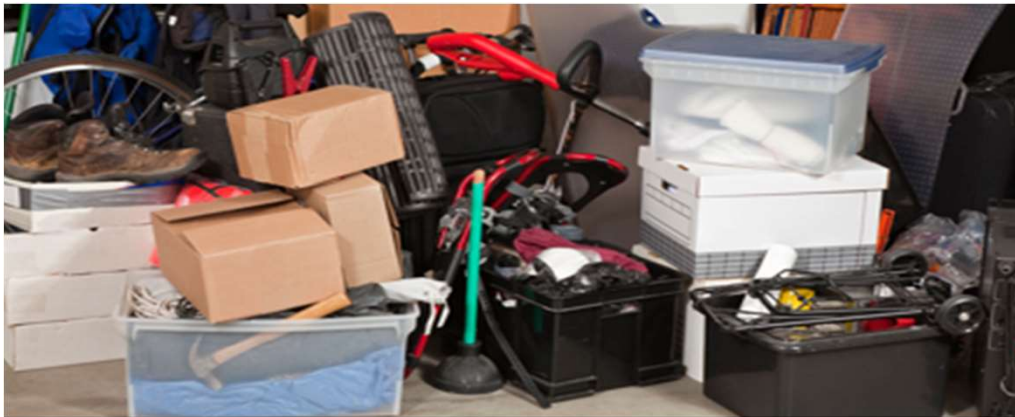
10. Pare down paper and photos
  - Mail
  - Shred old documents and bills
  - Photos





## Conclusion

You can't take it with you!





**Thank You**  
for Joining Us!