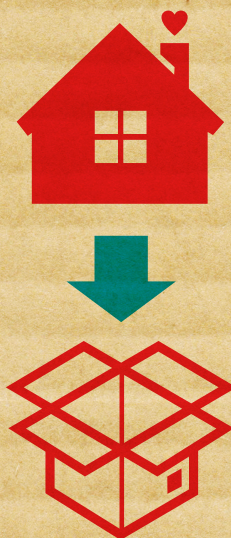


# Downsizing

## The Family Home

### A W O R K B O O K

—  
WHAT TO  
SAVE  
—



—  
WHAT TO  
LET GO  
—

- Set your downsizing goals
- Track the journey as you go
- Know what to let go of
- Create your family museum
- Learn what to sell where
- Organize and track sales

**Marni Jameson**

Nationally Syndicated Home & Lifestyle Columnist



## 6

# Sorting It Out

**A**s you move through the home, one room at a time, use the spaces here to help you sort. The list doesn't have to be exhaustive, but it should serve to give you an overview of what you're dealing with. Next to each item, check the box for Keep, Toss, Sell, or Unsure. (In Chapter 11, we'll tackle the "I don't know" items—your pile of postponement.) As you list and sort, apply the organizing tips discussed in the last chapter. Bundling and stickering items as you go can save you time when you're ready to sell or donate these belongings.

Bedrooms	Keep	Toss	Sell	Unsure
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Bedrooms

Keep Toss Sell Unsure

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Closets

Keep   Toss   Sell   Unsure

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Living Room Furniture

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Living Room Furniture

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Garage/Toolshed

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Attic/Basement	Keep	Toss	Sell	Unsure
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Attic/Basement

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Artwork

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Jewelry

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## OUCH! THIS STUFF HURTS

The range of emotions we feel when we're downsizing runs the gamut from hilarity and revelation to melancholy and grief. Rather than dodge these very human reactions, acknowledge them. Write down what you experienced as you sorted the following. Include fond memories that surfaced, as well as funny ones.

» When I went through the clothes . . .

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» When I went through the kitchen . . .

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» When I went through the garage/toolshed . . .

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» When I went through the closets . . .

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» When I went through the artwork . . .

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» When I went through the attic/basement . . .

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» When I went through the furniture . . .

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» When I went through the \_\_\_\_\_

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# DEDICATED TO PIPPIN — M. J.



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