



SHARON MEN'S CLUB

Week of April 22, 2024

Contact us: sharonmensclub@gmail.com

Online: www.sharonmensclub.org

The Week Ahead: Community Servings

April 23: Volunteer Opportunities With Community Servings.

Community Servings is a nonprofit provider of medically tailored meals and nutrition services, and a leader in “food is medicine” research, advocacy and policy. It recently opened a new satellite distribution center in nearby Mansfield, which is specially outfitted for meal packaging and delivery to hundreds of people living with critical and chronic illnesses across the region.



Community Servings is looking for volunteers to supply operational support by sorting and stacking meals, adding dietary components like fresh fruit, yogurt, milk, and health snacks to packages, and organizing weekly meal deliveries. Stacey Terlik, Manager of Volunteer Services, will talk about the organization and how you might be of help.

MONDAY

CANASTA: Weekly Canasta games are back this week. Games are normally held every Monday at 1 p.m. at the Sharon Community Center. Please contact [Steve Bernstein](mailto:Steve.Bernstein@sharonmensclub.org) by email, or call him at 781-686-2489.

TUESDAY

CLUB MEETING starts at 9 a.m. at the Community Center Ballroom.

POOL follows the Club meeting, downstairs pool room at the Senior Center.

WEDNESDAY

SPRING BOCCE: Come and join us for this unique Men's Club sport – it's like regular Bocce, until it's not! We play every Wednesday, year-round (weather permitting). 9 a.m., at the courts facing the Community Center. Contact [Ken Siegal](mailto:Ken.Siegal@sharonmensclub.org) for more information.

INDOOR BOCCE (a.k.a. POOL): In case of inclement weather, the Bocce group usually plays pool inside at the downstairs pool room, so there's no reason to stay home.

CRIBBAGE: at CareOne at Sharon. Please contact [Steve Lechter](#) by email or by phone at 781-784-2595 for more information.

PHOTOGRAPHY: The next meeting of the SMC Photography Group will be Wednesday, May 1, at 10 a.m. in the classroom of the Adult Center. The weekly photo walk is TBD. Photography Group members will receive an email with the specifics of time and location. Any and all SMC members are welcome to attend the walk. Contact **Ken Dono** for more information at kpdono@gmail.com or by telephone at 617-834-5217.



WHIST: The Bud Adler Whist Group plays at 1 p.m. in the lower level activity room across from the Adult Center's Reception Desk. See **Ed Rubin** for details.

THURSDAY

BOWLING: A group of members meets at the Norwood Sports Center lanes in Norwood at 10 a.m. Thursday mornings. Please contact **Jeff Stohn** at upcoming meetings or email him at estohn@verizon.net

FRIDAY

WALKING GROUP: We meet year round every Friday morning, weather permitting, at a prearranged outdoor location for a 3- to 5-mile walk. Lots of camaraderie. Contact [Andy Klassman](#) by email or at meetings.

HAVE YOU PAID YOUR DUES YET? Don't wait for the last minute. Checks for \$25, made out to **Sharon Men's Club**, may be brought to the next meeting or mailed to our treasurer, **Carl Frank**, 19 Pheasant Wood Rd., Sharon MA 02067-1036

CLUB NOTES:

BREAKFAST: Our next **FAMOUS MONTHLY BREAKFAST** will be held on **May 7**. Pay now so you won't forget – you must reserve in advance – no walk-ins can be accommodated. To sign up for the breakfast, bring your check for \$10 to this week's Club meeting, made out to **Sharon Men's Club**. Checks may also be mailed to our treasurer, **Carl Frank**, 19 Pheasant Wood Rd., Sharon MA 02067-1036.

NEW!!! BOOK GROUP. We have a new book discussion group which will meet the second Tuesday of each month in the Sharon Community Center immediately after the Men's Club meeting. At each meeting we will discuss one preselected book, led by one of the group members. We will also select books for future meetings and a discussion leader for each.

Our next meeting will be on Tuesday, May 14 at approximately 10:15 am. All SMC members are welcome. If you would like to join the group, please contact **Andy Klassman** at andyhopek@comcast.net



GOLF:We plan to start the season in the next few weeks. The new venue for weekly matches will be Wentworth Hills Country Club in Plainville, which can offer us guaranteed Tee Times. It is suggested that if you are going to be a regular participant that you purchase the Senior Membership Card which will entitle you to 10 rounds of golf for only \$415. If you are a no-show for your assigned Tee Time, you will be charged a penalty fee of \$30 by the golf course. Contact [Ira Abramson](#) to obtain full information and to sign up.

CHARITY COMMITTEE: Your donations of non-perishable food are particularly important to support efforts to combat food insecurity for families in Sharon and surrounding towns. Members of the Sharon Men's Club are supporting the Food Pantry at the First Congregational Church of Sharon and the Family Table of the Jewish Family and Children's services (JF&CS).

Help our two charities by bringing non-perishable foods, personal care toilet items, (toothbrushes, toothpaste, soap), household items, and laundry detergent to upcoming meetings. Please donate them in the bags or containers at the rear of the meeting hall on Tuesday. We also support cash donations via check. Please make out your check to either:

First Congregational Church of Sharon (put 'Food Pantry' on the memo line of the check) or Jewish Family & Children's Service ('Family Table' on the memo line).

Please bring your donation to our Tuesday meeting and we will forward your check to the charity. Please contact Andy Klassman at andyhopek@comcast.net with suggestions and recommendations.

First Congregational Church of Sharon (put 'Food Pantry' on the memo line of the check)

or **Jewish Family & Children's Services** ('Family Table' on the memo line).

Please bring to our Tuesday meeting and we will forward your check to the charity. Please contact Andy Klassman at andyhopek@comcast.net with suggestions and recommendations.



START EACH DAY WITH THE SHARON MEN'S CLUB:

How can I do that? It's easy, just pick up your own limited-edition SMC mug for your morning coffee or tea for only \$10, available at our meetings. The price helps defray the cost of the souvenir mugs we give to our guest speakers each week at the meetings.

SMC BRANDED CLOTHING? Hats are in. If you're looking for an official SMC hat, look no further – they're here and cost \$20 each. Anyone interested in hats or other SMC branded clothing, including long sleeve SMC golf shirts contact: **Barry Fireman**, 30 Abbey Rd., Westwood, MA 02090; Phone: 781-248-4736, or see him at the next meeting. Long-sleeve shirts cost \$35, and short sleeve shirts are available.

ENCORE FOR HITS AND MISSES CHORAL GROUP:

We're reviving the popular choral group Hits and Misses and are looking for people who enjoy singing – no vocal training is necessary. Wives, friends, or significant others are welcome to join.

The group plans to rehearse once a week from May to September and then schedules about eight performances for nursing homes and the community during September and October. For more information, email [Ed Rubin](mailto:Ed.Rubin@sharonschools.net) or call him at **(617) 285-4991**.



COMMUNITY NOTES:

As a follow-up to the Oct. 31 presentation, "Dive into Lake Massapoag - Goal: Watershed-Based Plan 2025-2050", by Laura Henze Russell, chair of the Lake Massapoag Advisory Committee, Men's Club members in Sharon are now invited to: Join the "Love our Lake" campaign. Show your commitment to protecting Lake Massapoag! Free yard signs are available on a first come, first served basis. To reserve your yard sign, take a short survey, and learn more about the lake campaign, visit: lakemassapoag.net.

Our goals are to reduce use of excess nutrients, redirect stormwater runoff, and deactivate internal "legacy" sediment phosphorus to improve water



quality. You can help by limiting fertilizer and phosphorus use, maintaining your septic system, reducing yard runoff, and by reporting flooding and runoff into the lake and its tributaries to the DPW (via See Click Fix) and Conservation Department. Please vote at Town Meeting May 6 to approve the CPC grant and LMAC's FY25 budget. Look for LMAC's newsletter in the town water bill.

VOLUNTEERS NEEDED. The Town of Sharon has taken in approximately 60 families as a part of Gov. Healy's Emergency Shelter Program. Families are temporarily staying in Sharon on their journey to independence, and our community has been supporting this effort.

While the State pays for transportation to medical and legal appointments there is an opportunity to become a volunteer driver to get families to interviews for work, to the YMCA for exercise, and to the laundromat to ensure everyone has clean clothes.

If you are interested in becoming an occasional driver, or you would like to help in other ways, such as collecting donations of clothing and toiletries, or contributing financially, please reach out to Meg Dussault, Assistant Superintendent of Sharon Public Schools, who is leading the task force that addresses these needs. Meg can be reached via email mdussault@sharonschools.net