

# THE NEXUS

The Sharon Men's Club Newsletter

Sharon, Massachusetts March 2024 Vol. 31 Issue 9

Contact us: <a href="mailto:sharonmensclub@gmail.com">sharonmensclub@gmail.com</a>
Online: <a href="mailto:www.sharonmensclub.org">www.sharonmensclub.org</a>

# March Gladness: Spring, Daylight Saving, and Many More Club Moments

## **COMING THIS MONTH IN OUR SPEAKER SERIES:**

March 5: Assisted Living and Memory Care Facilities. Aimee Evers of CareOne at Sharon will describe assisted living & memory care facilities. NOTE LOCATION: This meeting will be at CareOne at Sharon, 675 S. Main St.

March 12: National Girl Scout Day. National Girl Scout Day, celebrated each March 12, honors Girl Scouting in America, which includes many daughters and granddaughters of Sharon Men's Club members. The speakers will be Cheryl Lopes and Michelle Schofield from the Girl Scouts of Eastern Massachusetts

March 19: Familiar Expressions, What They Really Mean and Their Origin. Lots of expressions have entered into common usage over the years, but many people don't know the true meaning of such expressions or their origins. To learn about them, come hear club



member Dave Rabinowitz's presentation -- be there or be square!

March 26: Be Aware of Strokes! Strokes can happen suddenly and can cause long-term brain damage. If not treated quickly, they can kill you or leave you permanently disabled. Strokes will be discussed by Dr. Jennifer Dearborn-Tomazos, the Stroke Director at Beth Israel Deaconess Hospital-Milton.

# **ALSO IN THIS ISSUE:**

- Glad & Sad
- President's Message
- Club Notes
- Speaker Series
- Adult Center programs
- Bocce
- Bowling

- Canasta
- Cribbage
- Discussion Group
- Golf
- **Investments**
- Pool
- Walking
- Whist

# **ABOUT US:**

# **Our Officers and Committees**

President: Steve Lechter (781) 784-2595; Vice President, Ralph

Jacobs (781) 367-9731

Secretary: Norman Ainbinder, (781) 963-3220; Asst. Secretary: Ed

Rubin (617) 285-4991

Treasurer: Carl Frank (774) 315-8258; Asst. Treasurer Harvey Levine (781) 986-5231

Member-At-Large: Ira Abramson Parliamentarian: Harvey Spack Past President: Jeff Shapiro

Glad & Sad: Harvey Tobolsky (781) 784-7967; Warren Anastasia (617) 699-8972 w.anastasia@comcast.net

Membership Committee: Harvey Janson, 508-583-2260; Phil Rosen, 508-230-3599

Program Committee: Bob Soffer, Chair; Steve Cohn, Phil Rosen.

Travel/Entertainment: Al Bruno (617) 697-0550; Ira Abramson, Jeff

Stohn, Steve Ginsberg, Philip Levine

Phone Squad: Ralph Jacobs, Chair (781) 367-9731; Historian: Dan

Liberman

Raffles: Jerry Lemkin, Aaron Kischel, Andy Klassman

Website: thesharonmensclub.org. Website Mgr: Skip Russell

President Emeritus: David Berger; Editor Emeritus: Abe Gamzon z"l; Former Editor: Harris Cohen;

Membership Chairman Emeritus, Bud Adler z"l.

The NEXUS: Ken Siegal, Editor: email: sharonmensclub@gmail.com. Photos: Steve Grossman



# **GLAD & SAD**



If you know of a club member or a member of his family who has a special occasion, or has become ill, or the death of a club member, or a member of his family, please contact: **Harvey Tobolsky** directly at **(781) 784-7967**, or **Warren Anastasia** at <u>w.anastasia@comcast.net</u>.



Harvey and Warren are in charge of sending a Get Well or Condolence Card to the member or his family, and also send a charity donation in

memory of a Men's Club member's passing.

# Our Congratulations to:

• Our oldest member, Morry Casso, who celebrated his 107th birthday on Sunday, Jan. 28.

#### Our Condolences to:

- The family of **Eric Dickstein**, who passed away on Saturday, Feb, 17. A donation in his memory will be made to Temple B'nai Tikvah, Canton
- The family of **Harvey Lewis**, whose wife, Nancy, passed away on Monday Feb. 19.

#### Other Glad and Sad:

- We received an acknowledgement and thank you from the Jewish Family and Children's Service for our donation in memory of John Kell.
- The health of **Dan Lieberman's** wife, Helen, is improving.



# PRESIDENT'S MESSAGE

I want to thank everyone in the SMC club for all their efforts and participation in our club activities and programs. Together we help each other enjoy our retirement years. Remember the FUTURE IS NOW! – **STEVE LECHTER** 

### **BIRTHDAYS THIS MONTH:**

March 2: Bob Feinberg, Don Oppenheim

March 4: Martin Carver

March. 5: Larry Wegman, Jim Da Costa

March. 8: Mark Katzeff

March. 9: Al Barnet

March 10: David Kaplan

March. 11: Gerald Epstein, Bill Stamoulis, Eduardo Nillni

March 12: Steve Goldman

March 14: Eugene Kotliar

March. 15: Gordon Kwok

March 16: Dave Keller

March. 18: Harvey Levine, Marshall Myers, Abner

Salant

March. 20: Sheldon Cohen, Earl Gashin

March. 21: Jack Bennett, Dave Berger, Alan Siegal,

Jerry Zeidman

March 24: Lester Hartman, Michael Flatto

March. 25: Mike Kiernan

March 26: Martin Shapiro

March 27: Robert Harrild

March 30: Ed DeFelice

# **MEMBERSHIP UPDATE:**

**ABOUT THOSE DUES:** Welcome to another year of activities, learning and fun. All **YOU** need to do to continue your membership is to bring a check for \$25, made out to **Sharon Men's Club**, and hand it over to **Carl Frank**, our treasurer, or **Harvey Levine**, our assistant treasurer, at our next meeting. Don't put it off, or we'll end up nagging you, and nobody wants that.



Checks may also be **mailed** to our treasurer, **Carl Frank**, 19 Pheasant Wood Rd., Sharon MA 02067-1036

If you know a candidate you'd like to propose for membership, please contact **Harvey Janson** at <a href="mailto:judyandharvey@comcast.net">judyandharvey@comcast.net</a> or **Phil Rosen** at <a href="mailto:monaphil@aol.com">monaphil@aol.com</a> for an application form to send to the candidate.

# **CLUB NOTES**

NEW!!! BOOK CLUB. Our new book discussion group which will meet the second Tuesday of each month in the

Sharon Community Center immediately after the Men's Club meeting. At each meeting we will discuss one preselected book, led by one of the group members. We will also select books for future meetings and a discussion leader for each.

Our first meeting will be on Tuesday, March. 12 at approximately 10:15 am. Our discussion book will be **The Beirut Protocol** by Joel C. Rosenberg. All SMC members are welcome. If you would like to join the group, please contact Andy Klassman at <a href="mailto:andyhopek@comcast.net">andyhopek@comcast.net</a>



# **CHARITY COMMITTEE:**

As we trudge through the cold and difficult weather of winter, your donations of non-perishable food are particularly important to support efforts to combat food insecurity for families in Sharon and surrounding towns. Members of the Sharon Men's Club are supporting the Food Pantry at the First Congregational Church of Sharon and the Family Table of the Jewish Family and Children's services (JF&CS).

Help our two charities by bringing non-perishable foods, personal care toilet items, (toothbrushes, toothpaste, soap), household items, and laundry detergent to upcoming meetings. Please donate them in the bags or containers at the rear of the meeting hall on Tuesday. You may also contribute. We also support cash donations via check. Please make out your check to either:

**First Congregational Church of Sharon** (put 'Food Pantry' on the memo line of the check) or **Jewish Family & Children's Services** ('Family Table' on the memo line).

Please bring to our Tuesday meeting and we will forward your check to the charity. Please contact Andy Klassman at <a href="mailto:andybopek@comcast.net">andybopek@comcast.net</a> with suggestions and recommendations.

# **FAMOUS MONTHLY BREAKFAST UPDATES:**



Our next **Famous Monthly Breakfast** will be held on Tuesday, **April 2**. You must reserve in advance – no walk-ins can be accommodated. Bring your check for \$10 to the next Club meeting, made out to **Sharon Men's Club**. Checks may also be mailed to our treasurer, **Carl Frank**, 19 Pheasant Wood Rd., Sharon MA 02067-1036

**NEW:** Members who have joined the club since 2020 are entitled to a **complimentary breakfast**, as part of new member benefits. You must, however, contact Treasurer **Carl Frank** if you wish to attend (or there may not be enough food for you!)

# START EACH DAY WITH THE SHARON MEN'S CLUB:

How can you do that? It's easy, just pick up your very own limited-edition SMC mug for your morning coffee or tea. For only \$10, available at our meetings, you can kickstart your day in style.

BREAKFAST BRIGADE WANTED: Our Famous Monthly Breakfast Crew could use a little more help cleaning up afterward. After our chefs finish preparing and serving the food, we'd really love



to have some more volunteers to pitch in and clear the tables, wash the utensils, dispose of the leftover food, and leave the place clean enough so you'd like to eat. Please contact **Peter Bickoff** at the meetings or email him at <a href="mailto:pbccb@aol.com">pbccb@aol.com</a>.

## DAY TRIP COMMITTEE

Want to help plan new Day Trips? Our new committee is working to revive Day Trips, which used to be a large part of the Club's activities. If interested in working on this committee, contact: **Dan Liberman** at <a href="mailto:dfliberman@gmail">dfliberman@gmail</a>

# **SMC BRANDED SHIRTS & HATS**

**LOGO HATS HAVE ARRIVED!** If you want one (or need one), they are \$20 each. **See Barry Fireman** at the club meetings. We now have SMC branded short sleeve polo shirts available in Large, and some long sleeve pocketed polo shirts in Large. See Barry Fireman at the meetings, or call him at 781-248-4736.



## Want to learn more about March?

(Holidays to look forward to this month)

Read Across America Day, Dentist Day, Nat'l Oreo Day, **DAYLIGHT SAVING TIME** begins, Ramadan begins, Academy Awards, Nat'l Napping Day, Consumer Rights Day, NAACP Awards, St. Patrick's Day, Feast of St. Joseph, Nat'l Agriculture Day, **SPRING EQUINOX**, Int'l Day of Happiness, World Poetry Day, World Water Day, Purim, Palm Sunday, Holi, Holy Thursday, Good Friday, Vietnam War Veterans Day, Easter.

# SPEAKER SERIES

March 5: Assisted Living and Memory Care Facilities. Aimee Evers, the Executive Director of CareOne at Sharon, will provide a general description of assisted living and memory care facilities. NOTE LOCATION CHANGE: This meeting will be held at CareOne at Sharon, 675 South Main St..

**March 12: National Girl Scout Day.** National Girl Scout Day is celebrated each March 12th to honor the history and legacy of Girl Scouting in America. Many daughters of Sharon Men's Club members were Girl Scouts and many of our granddaughters were, are or will be Girl Scouts as well.

Naturally, the organization has changed over the years and a description of current Girl Scouting will be provided so that we can better understand how young women, including our granddaughters, are participating in today's Girl Scouts. The speakers will be Cheryl Lopes and Michelle Schofield from the Girl Scouts of Eastern Massachusetts



# March 19: Familiar Expressions, What They Really Mean and Their

Origin. Lots of expressions have entered into common usage over

the years, but many people don't know the true meaning of such expressions or their origins. For example, "Mad as a Hatter" is a colloquial phrase used to suggest that a person is suffering from silliness or craziness, but where did this phrase come from? To learn the answer and much more, come hear club member Dave Rabinowitz's presentation. In terms of this presentation - be there or be square!

March 26: Be Aware of Strokes! Strokes can happen suddenly and can cause long-term brain damage. If not treated quickly, they can kill you or leave you permanently disabled. Strokes will be discussed by Dr. Jennifer Dearborn-Tomazos. She is the Stroke Director at Beth Israel Deaconess Hospital-Milton.

#### **ENCORE FOR HITS AND MISSES:**

We're reviving the popular choral group Hits and Misses and are looking for people who enjoy singing – no vocal training is necessary. Wives, friends, or significant others are welcome to join.

The group plans to rehearse once a week from May to September and then schedules about eight performances for nursing homes and the community during September and October. For more information, email <u>Ed Rubin</u> or call him at **(617) 285-4991** 



# SPORTS n' STUFF

**DISCUSSION GROUP:** Our open discussion group is up and running, and all are invited. Our sessions this month will be held on March 8 and March 22, from 9 -10 a.m., facilitated by our own Aaron Kischel, and will continue every other Friday (with adjustments for various calendar dates). Meetings will be in the lower level of the community center. All participants must sign the "Sharon Men's Club Discussion Group Pledge" available from our president Steve Lechter.

**PICKLEBALL:** Our pickleball group is welcoming players. Please contact Arnie Wallenstein at <a href="mailto:awallenlaw@aol.com">awallenlaw@aol.com</a> for more information and to sign up.

**BIKER GANG:** Busy days for the Biker Gang! Not content to rest on their handlebars, some of us went to Landry's Bicycles in Westboro for bike maintenance classes, and we plan to be all tuned up for Spring riding. For details on joining our enthusiastic cycling group on their future bike rides, contact <u>Lew Victor</u> or <u>Neil</u> Rosen.

**POLAR BEAR BOCCE:** Come and join us for this unique sport – it's like regular Bocce, but **WAY COOLER!!!** We play through the winter, every Wednesday, year-round (weather permitting). Join us at 9 a.m. at the courts facing the Community Center -- no previous Bocce experience

needed. Contact **Ken Siegal** at **sharonmensclub@gmail.com** for more information.

 "INDOOR" BOCCE: If OUTDOOR Bocce is canceled because of weather, you'll likely find an impromptu pool game going on inside the Senior Center, so there's no reason to stay home.

**BOWLING:** Candlepin bowling is here to stay. A group of members is hitting the lanes in Norwood center every Thursday morning. Please contact **Jeff Stohn** at upcoming meetings or email him at **estohn@verizon.net** if you're interested.



Polar Bear Bocce

**CANASTA** Get your game on. Weekly Canasta games are going great every Monday except holidays at 1 p.m. at the Sharon Community Center. Please contact Steve Bernstein at <a href="mailto:steven.l.bernstein.18@gmail.com">steven.l.bernstein.18@gmail.com</a>, or call 781-686-2489.

**CRIBBAGE**: Wednesdays at CareOne at Sharon (formerly Whitney Place), 675 S. Main St., Sharon. To register, contact **Steve Lechter** by email at <u>salechter atty@hotmail.com</u> or by phone at 781-784-2595.

**GOLF:** They're taking a well earned break at the 19th hole, but will be back in the spring. The Group plays mostly at the Chemawa Golf Course in N. Attleboro, and also at the Ridder Farm Golf Course in East Bridgewater. Anyone wanting to join should contact Ira Abramson.

**INVESTMENT GROUP:** Regular, in person, monthly meetings of the Group are scheduled for the last Tuesday of the month. Meetings take place downstairs at the Community Center, after the regular Club meeting.

The buy-in price of our Investment Group portfolio in February was \$10,828, continuing to reflect the overall market trends. The monthly contribution by members is \$50. From time to time, if the price becomes excessively high, distributions are made to members. The last such distribution, amounting to \$4,590, was made in February 2020.

Hybrid meetings are usually held, using Zoom as an added facility to the regular end-of month meeting of the Group.

The current membership of the Group numbers 28. New members are welcomed and no expertise in investing is needed. Non-members are welcome to join our meeting as observers. For details, contact Neil Nager or Mike Yawitch.

**POOL:** We play immediately after weekly Club meetings in the pool room in the main level at the Community Center.

**WALKING GROUP:** Fall is upon us and a perfect time to commune with nature and your fellow Men's Club members. Please join the group for one of our upcoming strolls. Get out of the house for a friendly, socially distanced walk. It's good for your head as well as your health.



We meet year-round every Friday morning, weather permitting, at a prearranged outdoor location for a 3-5 mile walk. Lots of camaraderie. Contact **Andy Klassman** at <a href="mailto:andyhopek@comcast.net">andyhopek@comcast.net</a>, if you are interested. You'll be glad you did.

WHIST: We have had a great year at the **Bud Adler Whist Group**. The whist club is back at full strength again but we do have room for new people or people who want to learn the game or refresh your memory if you haven't played for a while. Join us for whist every Wednesday from 1 p.m. to 4 p.m. in the Sharon Adult Center on the first floor of the Community Center. If you have any questions, please contact **Ed Rubin** at <a href="mailto:lindaandedrubin@gmail.com">lindaandedrubin@gmail.com</a> or call at 617-285-4991 for details.

# OUR VIEW FROM THE SHARON ADULT CENTER

Beth Caruso, Executive Director, Sharon Council on Aging & Adult Center: <a href="mailto:bcaruso@townofsharon.org">bcaruso@townofsharon.org</a>, Office (781) 784-8000

The March 2024 issue of *The View* will be in Sharon mailboxes soon. For those of you living out of town, it will be posted on the Council on Aging page on the Town of Sharon website for your perusal. I encourage you to sign up right away for those programs of interest that require registration. A sampling of what is being offered in March, and some in April as well, is included below.

As you walk outdoors be on the lookout for buds starting on trees and bulbs starting to poke their heads up through the dirt. March is such a magical time of year as we move from winter to spring...and multiple times back to winter again to spring. I love this time of year when the world around us is turning green (sometimes despite the snow cover!), new growth is visible, and we get to celebrate all the possibilities that come with spring. Lean into new activities and make new friends at the Adult Center.

With my last name Caruso, you may not know I am 50% Irish. This Irish proverb feels appropriate to me for this time of year. "May love and laughter light your days and warm your heart and home. May good and faithful friends be yours wherever you may roam. May peace and plenty bless your world with joy that long endures. May all life's passing seasons bring the best to you and yours."



Sláinte! (Cheers!)

# BETH

# **UPCOMING PROGRAMS FROM THE ADULT CENTER**

(Please note: All the programs listed below are run by the Adult Center, not the Men's Club, and you must contact the Center directly for information or to register).

# PRE-REGISTRATION IS REQUIRED for all programs and activities as the number of attendees is limited. Please call the Adult Center at 781-784-7000 to register. If you do not pre-register, you may not be able to attend. Unless otherwise noted, all are welcome to attend. Check out *The View* for complete listings of scheduled programs. Note: programs and dates are subject to change, call Adult Center to confirm.



#### **MEMORY CAFE ON THE LAKE**

Memory Cafes are designed for those with

Alzheimer's or other cognitive impairments and their care partners to enjoy activities together in a safe, welcoming setting. We invite individuals and their family, friends or other caregivers to join us for a "Colors of Compassion" art workshop with Geeta Jakkaraju and paint a Mandala filled with love and care.



We are grateful to Brookmeadow at Blue Hills for co-sponsoring the Memory Café and providing the food to enjoy during the program. Please RSVP to the Adult Center, 781-784-8000.

Maple Sugaring: History, Process & Tasting!

TUESDAY | MARCH 5 | 1:00 PM

Presented by: Paul Clifford, DCR Park Ranger

Maple syrup is as much a staple of New England as lobster and snow! Throughout the region, maple sugaring and the making of maple syrup is part of our heritage, and now agri-tourism, with many activities centered around the practice. It is a natural native sweetener and a versatile ingredient that

adds unique flavor enhancing qualities to many dishes. Learn about the history and the process of maple sugaring in the 45-minute PowerPoint presentation. After the lecture you will enjoy a taste testing of some real maple syrups and some store-bought syrup so you can taste the difference!

#### The Space Race:

The Quest to Conquer the Cosmos. WEDNESDAY | MARCH 6 | 10:45 AM

Presented by: Paolo DiGregorio, Historian

During the Cold War, the US and the USSR were locked in a struggle for global dominance. As the two

superpowers strove to outdo one another, their rivalry soon extended beyond the Earth and into space. This lecture explores the history of the Space Race.

# Navigating the Settings on iPhone & iPad

THURSDAY | MARCH 14 | 1:00 PM.

Presented by: Kevin Figueroa, KevTech
Services







This class provides a general overview of the iPhone and iPad Settings app., guiding participants through customization options and empowering them to optimize their device for personalization, security, and ease of use. Class size is limited, you must pre-register. Please bring your device with you, but note, this tech class is for these Apple devices, not android phones or tablets.

#### A Walk in Their Shoes: Dementia Simulation

TUESDAY | MARCH 19 | 1:00 PM. Presented by: Julie Derr, CDP, DP-NC

Professionals from the Residence at Five Corners will be here to take you through a simulation experience to better understand and empathize with what living with Alzheimer's or other forms of dementia can be like. They will guide you through the challenges of compromised vision, hearing and dexterity, which will affect cognition. Join us for this insightful and meaningful presentation.

#### Women in Film: Hollywood's Portrayal of Women Through the Decades

3-PART SERIES ON TUESDAYS, MARCH 26 | APRIL 2 | APRIL 9 | 12:30-3:30 PM *Presented by: Marilyn Berman, Teacher of Film & More* 

We will watch 3 films, 1 each week during this 3-week series. Beginning the first week in the 1920's, we will proceed to films made in the 1930's and 40's by series end. We will discuss how the role of women has or hasn't changed and if so, why, and how? Our first film for the 1920's is about eugenics, birth control and abortion! Join us for what should be a lively



discussion! Feel free to attend any or all the 3 sessions. Each session will have a brief break for a stretch!

# Which Coverage is Best? Medicare Supplement Plans or Advantage Plans

WEDNESDAY | MARCH 20 | 10:45 AM. Presented by: Sue Flanagan, BCBS Senior Plan Consultant

For those new to Medicare, this is the #1 question most people have when seeking additional insurance. However, even if you are already on a plan, it's always a good idea to reevaluate your choices each year.

Circumstances change, and so can your health plan. While we won't delve into Blue Cross plan details, you will leave with a clear understanding of which type of plan best fits your needs. What We'll Cover: What's Original Medicare, Differences between Medicare Supplement and Medicare Advantage Plans, Do I need Prescription Drug Coverage? Plus, real-life case studies and resources to help you in the decision process.



#### **SPRING HIKE**

MONDAY | APRIL 8 | 10 AM

Led by: Paul Clifford, DCR Park Ranger. Where: Meet at Borderland State Park Visitor Center

Cost: Free but there is a parking fee, RSVP for attendance

Come along for a spring hike at Borderland! See the park starting to bloom as we walk along the Pond Walk and Tisdale extension to Mountain Road. As we go you will learn about the park's natural and cultural history as you take in the views. The hike is mostly flat and covers about 3.2 miles, taking about 2-hours to complete. Bring water and wear comfortable shoes and bug spray. Meet at the front of the Visitor Center. If there is heavy rain, we will cancel. Just a reminder, Borderland does have a parking fee. If you are 62+ you can apply



# **Our Changing Forests**

WEDNESDAY | APRIL 10 | 10:45 AM. Presented by: Michael Scutari, Naturalist. Cost: Free, RSVP for seating required In this hands-on class, we will learn about the current species composition and age structure of our forests, and discover how both natural, and human-made, disturbances have affected the forested landscape of southern New England. The demise of the

American Chestnut (Castanea dentata) as a dominant tree species is a prime example of disturbance to our forests, and we will also learn about its ecology, the debilitating disease that has reduced it to a small, understory growth form, and what conservation scientists are doing to save it from potential extinction.

LAKESIDE GALLERY: "Generations", now through March 20 at the Senior Center. An exhibit showing art from different generations of the same family – 2, 3, 4, or even 5 generations of artists, ranging from young to experienced.

#### **MOVIE MONDAYS!**

Upcoming movies: All movies start at 10:30 a.m. \$1 program fee required. Please pay at the Adult Center front desk.

**FARAWAY** | March 4. Zeynep Altin is at the end of her tether. She's over-worked and pushed around by her husband, daughter and aging father. Her mother's death and her funeral, which nearly ends in total disaster, is the last straw for Zeynep. She leaves Munich and escapes to an island in Croatia. In the house her mother bought secretly years ago, and gifted to her in her will, she hopes to find peace, freedom and herself. If only the former owner, Josip, an islander through and through, wasn't still living on the same property (2023 | TV-MA | 1 hr. 49 min.)

**SOCIETY OF SNOW** | March 11. In 1972, the Uruguayan Air Force Flight 571, chartered to fly a rugby team to Chile, catastrophically crashed on a glacier in the heart of the Andes. Only 16 of the 45 passengers survived the crash and finding themselves in one of the world's toughest environments, they are forced to resort to extreme measures to stay alive. (2023 | R | 2 hr. 24 min.)

WINE COUNTRY | March 25. In honor of Rebecca's 50th birthday, Abby plans a scenic Napa getaway with their

best, longtime friends. Workaholic Catherine, post-op Val, homebody Jenny, and weary mom Naomi are equally sold on the chance to relax and reconnect. Yet as the alcohol flows, real world uncertainties intrude on the punchlines and gossip, and the women begin questioning their friendships and futures. (2019 | R | 1 hr. 43 min.)

# **COMMUNITY NOTES:**

As a follow-up to the Oct. 31 presentation, "Dive into Lake Massapoag - Goal: Watershed-Based Plan 2025-2050", by Laura Henze Russell, chair of the Lake Massapoag Advisory Committee, Men's Club members in Sharon are now invited to: Join the "Love our Lake" campaign. Show your commitment to protecting Lake Massapoag! Free yard signs are available

on a first come, first served basis. To reserve your yard sign, take a short survey, and learn more about the lake campaign, visit: lakemassapoag.net.

Our goals are to reduce use of excess nutrients, redirect stormwater runoff, and deactivate internal "legacy" sediment phosphorus to improve water quality. You can help by limiting fertilizer and phosphorus use, maintaining your septic system, reducing yard runoff, and by reporting flooding and runoff into the lake and its tributaries to the DPW (via See Click Fix) and Conservation Department. Please vote at Town Meeting May 6 th to approve the CPC grant and LMAC's FY25 budget. Look for LMAC's newsletter in the town water bill.

**VOLUNTEERS NEEDED.** The Town of Sharon has taken in approximately 60 families as a part of Gov. Healy's Emergency Shelter Program. Families are temporarily staying in Sharon on their journey to independence, and our community has been supporting this effort.

While the State pays for transportation to medical and legal appointments there is an opportunity to become a volunteer driver to get families to interviews for work, to the YMCA for exercise, and to the laundromat to ensure everyone has clean clothes.

If you are interested in becoming an occasional driver, or you would like to help in other ways, such as collecting donations of clothing and toiletries, or contributing financially, please reach out to Meg Dussault, Assistant Superintendent of Sharon Public Schools, who is leading the task force that addresses these needs. Meg can be reached via email <a href="mailto:mdussault@sharonschools.net">mdussault@sharonschools.net</a>.

